

Safari Deli Sandwich Field Trip Day

Tiger Adventure Teen Camp:

Cheese-filled Bosco Breadsticks w/ Marinara Cup

Veggie, Fruit Choice

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Veggie, Fruit Choice

**JULY**

Biddeford Park & Rec

BREAKFAST served 8:00-8:30 and may include Muffins, Cocoa Bread, Breakfast Stick, Breakfast Bars, Breakfast Bun or Cereal, and includes 100% Fruit Juice, Fruit Choices and Milk.

Menu may be subject to change.

This institution is an equal opportunity provider.

**June 23rd through August 15th, any child 18 and younger may have free breakfast and lunch enrolled at Biddeford Park & Rec. sites: Safari M-F; Teen Center Rotary Park Mon.-Thurs.**

**Free meals also available to ANY child 18 and younger at BMS and at Rotary Park Teen Center.**

**All sites: Breakfast 8:00-8:30; Lunch 11:30-12:00: Rotary Park Teen Center no meals on Friday.**

**On Field Trip days when campers are away during lunch, cold lunch choices will be provided.**

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Pizza Day

Fresh Veggie Sticks

Fruit Choice

Cheeseburger on a Bun

Veggie Sticks

Fruit Choice

Breaded Chicken Tenders

‘n Waffles

Veggie Sticks

Fruit Choice

Cheeseburger on a Bun

Veggie Sticks

Fruit Choice

Breaded Chicken Tenders

‘n Waffles

Veggie Sticks

Fruit Choice

Deli Sandwich Day

Pretzels

Veggie Sticks

Fruit Choice

Pizza Day

Fresh Veggie Sticks

Fruit Choice

Deli Sandwich Day

SunChips

Veggie Sticks

Fruit Choice

Breaded Chicken Sandwich

Veggie Sticks

Fruit Choice

Bagel w/ Cream Cheese,

Yogurt &

Cheese Stick

Veggie Sticks

Fruit Choice

Breaded Chicken Sandwich

Veggie Sticks

Fruit Choice

Pizza Day

Fresh Veggie Sticks

Fruit Choice

Bagel w/ Cream Cheese,

Yogurt &

Cheese Stick

Veggie Sticks

Fruit Choice

Breaded Chicken Sandwich

Veggie Sticks

Fruit Choice

Cheese-filled Bosco

Breadsticks

Marinara Dipping Sauce

Veggie Sticks

Fruit Choice

Beef Hot Dog

on a Roll

Veggie Sticks

Fruit Choice

Pizza Day

Fresh Veggie Sticks

Fruit Choice

Deli Sandwich Day

SunChips

Veggie Sticks

Fruit Choice

Deli Sandwich Day

SunChips

Veggie Sticks

Fruit Choice

July 4th HOLIDAY

NO MEALS TODAY

Bagel w/ Cream Cheese,

Yogurt &

Cheese Stick

Veggie Sticks

Fruit Choice