

Dear Families,

We're excited to welcome you to **March Madness Floor Hockey!** Our program will run **every Saturday from March 1st – 29th** at the **J. Richard Martin Community Center Gymnasium**. This is a fantastic opportunity for your child to develop their hockey skills, stay active, and have fun!

Program Details

Location: J. Richard Martin Community Center Gymnasium

Dates: Saturdays, March 1 – March 29, 2025

Grades 1 & 2 Division: 9:00 AM – 10:00 AM

Grades 3-5 Division: 10:30 AM – 12:00 PM (*Note: The March 22 session will run from 12:00 – 1:30 PM*)

Equipment & Attire

- **Provided Equipment:** Players can borrow **floor hockey sticks and protective eyewear** during sessions.
- **Required Attire:** All participants **must wear indoor-only sneakers** for safety.
- **Personal Equipment Option:** Families may choose to bring their own **hockey sticks and protective eyewear** if preferred. If you have any questions about the best options for these items, please email sports@biddefordmaine.org for suggestions.

Program Overview

Before jumping into games, we will begin each session with a review of **rules and safety** for the sport. Players will participate in skill-building **drills** to learn more about the fundamentals of hockey. Throughout the season, we will introduce **individual and small-group skills challenges** to help players develop confidence and technique. As we progress, we will split into teams and engage in exciting **3v3 or 4v4 games!**

We can't wait to get started and look forward to seeing your child on the court! If you have any questions, please don't hesitate to reach out.

See you soon!

Tyler Stewart

Biddeford Recreation

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